

of the eyes. Voluntary suppressions of urgings towards sneezing may bring on a type of Udavarta, which is marked by an excruciating headache, stiffness of the neck, face paralysis,, hemi-crania and impaired organic functions in* general. The type of Udivarta, which is induced through-voluntary suppressions of yawns, gives rise to a sense of fullness in the throat and mouth, -an aching pain with a rumbling sound in the intestines, a croaking sound in the throat, indistinctness of speech, dyspnoea, hicough, and other disorders of the deranged Vayti. The type of Udavarta, which is caused through the voluntary suppression of vomitings, is marked by urticaria, itching eruptions on the skin, with a distate for food, cutaneous affections, nausea, and erysipelatous ulcers on the skin. In the type ushered in through a voluntary suppression of emission of semen, a cutting pain-in the scrotum, rectum, penis and bladder, together with a swelling about any of these localities, dribbling of urine and* semen, suppression of urine, and seminal concretions are the symptoms that are exhibited. Unappeased hunger brings on drowsiness, lassitude with a distate for food and an aching pain in the limbs and impaired faculty of sight. An ungratified thirst produces parchedness of the throat and mouth, pain about the cardiac region, and obstruction of the faculty of hearing. Suppression of sighs after a fatiguing physical labour or exhaustion may bring on diseases of the heart, loss

of consciousness, intestinal glands, yawning, with
an aching
pain in the limbs, heaviness of the head and the
eyes, and
drowsiness.

The bodily Vayu, deranged and aggravated
by the in-
gestiots of bitter, astringent, or parchifying
articles of food, invades the digestive apparatus, and by taking
recourse to
the abdominal cavity, gives rise to Uddvarta. The
deranged
Vayu, thus aggravated, by stuffing the vessels of
blood, fat,
stool and urine, etc., absorbs the humidity of -
the feces and
makes them dry and hard as stone. The patient
tosses-about